

Basic Sock Knitting Pattern

For this project I used:

Sock/fingering weight yarn (Abi Grasso's Self Striping Watermelon Sock Yarn 460 yds)

** Amount of yarn needed will vary for length of feet, but 460 yds is more than sufficient for a pair of socks.*

US size 2 double-pointed needles (set of 5)

Gauge:

Basically 7-8 stitches per inch in stockinette. This sock pattern is mainly measured as you go, so your gauge isn't extremely important.



Cuff:

Cast on 64 stitches, using 4 of your double points, with 16 stitches on each. Join to work in the round.

Rnds 1-18: (k2, p2) repeat to the end of the round. Cuff should measure about 2" from cast on stitches.

Leg:

Continue in stockinette stitch (knit all stitches on every round) for another 4 inches. Your sock will now be 6" long from cast on stitches to your needles.

Heel Flap: Divide your stitches as follows:

Needle 1: 32 sts (Needle 1 becomes the heel flap)

Needles 2 and 3: 16 sts each. Set the fourth needle aside for later.

For the heel flap, you will work back and forth only on Needle 1.

Row 1: (slip 1 stitch as if to purl, k1) repeat to the end of Needle 1. Turn your work.

Row 2: slip 1 stitch as if to purl, purl to the end of Needle 1. Turn your work.

Repeat rows 1 and 2, fifteen more times (16 times total). If you count you will have 16 columns of slipped stitches on your heel flap.

Repeat Row 1 one more time.

How to Turn the Heel:

Continue working on needle 1 only. You've just completed a right side row. Turn and work back on a wrong side row as follows:

Row 1: slip 1 stitch as if to purl, purl 17 stitches, p2tog, purl 1 stitch. Turn your work.

Row 2: slip 1 stitch as if to purl, knit 5 stitches, k2tog, knit 1 stitch. Turn your work.

Row 3: slip 1 stitch as if to purl, purl to 1 stitch before the gap (look and you'll see the gap where you turned on the row before), p2tog, p1. Turn your work.

Row 4: slip 1 stitch as if to purl, knit to 1 stitch before the gap, k2tog, k1. Turn your work.

Repeat rows 3 and 4 until all of the stitches have been worked. Your last row should be a row 4 so you are at the end of a knit row. On the last 2 rows you work, you will end the rows with a p2tog and a k2tog.

You will have 18 stitches left on Needle 1.

Gusset:

Use your free double point needle to pick up 16 stitches down the side of the heel flap (pick up one stitch in each of the slipped stitches).

Place all of the stitches on Needle 3 onto Needle 2. Needle 2 will now have 32 stitches. Knit across Needle 2. Needle 2 will be the top of the foot on your sock.

Using a free double point needle, continue on with the working yarn to pick up 16 stitches going up the other side of the heel flap. Pick up 1 stitch in each of the slipped stitches. This is now Needle 3.

Continue working onto the same needle (Needle 3) and knit 9 stitches from the heel turn. Place the remaining 9 stitches onto what is now Needle 1.

New stitch count:

Needle 1: 25 stitches

Needle 2: 32 stitches (top of the foot on the sock)

Needle 3: 25 stitches

Decrease rounds for the gusset:

Rnd 1: knit all stitches

Rnd 2: Needle 1: knit to the last 3 stitches, k2tog, knit 1 stitch. Needle 2: knit. Needle 3: knit 1 stitch, ssk, knit to the end of the needle

Repeat rounds 1 and 2 until there are 16 stitches on each of Needles 1 and 3, and 32 stitches still remain on Needle 2.



Foot:

Knit every round until the foot measures (from the back of the heel to the stitches on the needles) **2-inches shorter** than your desired total foot length. For a great chart to help decide how long to make it, look here: [Shoe Size Chart for Knitting](#).

For example, these socks are for my mother who has tiny, tiny feet. Size 6 in women's. Using the chart, my mom's foot would measure 8 inches from the back of the heel to the end of the toe. I knitted the foot to 5 inches before I started the toe decreases.

Toe:

Rnd 1: knit all stitches

Rnd 2: Needle 1: knit to the last 3 stitches, k2tog, knit 1 stitch. Needle 2: knit 1 stitch, ssk, knit to the last 3 stitches, k2tog, knit 1 stitch. Needle 3: k1, ssk, knit to the end of the needle.

Repeat rounds 1 and 2 until you have 6 stitches remaining on Needles 1 and 3, and 12 stitches on Needle 2. Knit the 6 stitches from Needle 1 onto Needle 3. You will now have 2 needles with 12 stitches each.

Cut the yarn leaving about a 10" end. Use the [Kitchener stitch](#) to close the toe.