

# Words to Live By



## Fabric Requirements

Finished size: 44" x 56"

### For this quilt you will need:

- 3 yards White Cotton Fabric
- 3/4 yard each of four contrasting red prints
- 3 yards red fabric for backing and binding
- 6 skeins Red DMC Embroidery Floss #817
- Embroidery Needle
- Red Transfer Pencil
- Embroidery Hoop

Redwork hand embroidery is a simple technique, worked in a single shade of thread. Back in the 1800s when it was first popular, red was the only dye that was colorfast. When dyeing processes improved, other colors came into use, but the look of redwork has always remained a favorite.

Because the design is outlined with very little filled areas, redwork hand embroidery is quick and easy to complete.

The finished quilt size is 44" x 56"



## Block Embroidery Instructions



**Step 1:** Print out each embroidery pattern. (Be sure that your printer is set to 100% or Full Size). Flip the pattern over. Using tracing paper and a red transfer pencil, trace the pattern onto the paper. (The pattern will be reversed).

**Step 2:** Place the tracing paper over your white fabric (penciled side down) and using a hot iron, transfer the pattern to the fabric.



Your pattern is now ready to be stitched.

**Step 3:** Place the fabric into a hoop. Separate the floss, using 3 strands at a time. Using the embroidery floss, stitch along the lines using either a split stitch or backstitch.



**Quick Tip:** Never leave your work in the hoop for an extended period of time. This can cause creases in the fabric that are difficult to remove. It is best to take your work out of the hoop when you're not working on it.

**Step 4:** Once the pattern is fully stitched, center it and cut to create an 8.5" square. This will be the center of your block.

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